



BOOK NOW
ON THE PADEL MATES APP



PICKLEBALL COACHING AND SOCIAL SCHEDULE



MONDAY - FRIDAY



BEGINNER

LOW
INTERMEDIATE

HIGH
INTERMEDIATE

ADVANCED

9.00AM - 10.00AM INTRO TO PICKLEBALL

A fun coach-led introduction covering basic rules, scoring, and key shots, with guided play to get you rallying quickly. No experience needed. Racket hire included.

MAX 4 PLAYERS - £15

11.00AM - 12.00 NOON BEGINNER COACHED GAMES

A fun mixed in session for beginners including structured games led by a coach, with guidance on positioning, rules, and tactics while you play.

MAX 8 PLAYERS - £15

10.00AM - 11.00AM PICKLEBALL FUNDAMENTALS

A quality one-hour beginner level coach-led session focusing on core skills such as serving, dinking, volleys, and movement, with clear drills and feedback.

MAX 4 PLAYERS - £15

COACHING AND SOCIAL SCHEDULE



BOOK NOW
ON THE PADEL MATES APP



 racket barn

MONDAY



BEGINNER

LOW
INTERMEDIATE

HIGH
INTERMEDIATE

ADVANCED

6.00PM - 7.00PM INTRO TO PICKLEBALL

A fun coach-led introduction covering basic rules, scoring, and key shots, with guided play to get you rallying quickly. No experience needed. Racket hire included.

MAX 4 PLAYERS - £15

7.00PM - 8.00PM BEGINNER IMPROVERS

A step up from beginner, focusing on consistency, shot selection, and simple tactics through coached drills and play.

MAX 4 PLAYERS - £15

COACHING AND SOCIAL SCHEDULE



BOOK NOW
ON THE PADEL MATES APP



 racket barn

WEDNESDAY



BEGINNER

LOW
INTERMEDIATE

HIGH
INTERMEDIATE

ADVANCED

6.00PM - 7.00PM

BEGINNER SKILLS AND DRILLS

A quality one-hour beginner level which will be drill-based, coach-led session targeting key skills like dinking, net play, and controlled rallies.

MAX 4 PLAYERS - £15

7.00PM - 8.00PM

IMPROVER MATCHPLAY

A quality one-hour improver level which includes organised match play with coach-led tactical guidance to help improve decision-making and game awareness.

MAX 8 PLAYERS - £15

COACHING AND SOCIAL SCHEDULE



BOOK NOW
ON THE PADEL MATES APP



 racket barn

FRIDAY



BEGINNER

LOW
INTERMEDIATE

HIGH
INTERMEDIATE

ADVANCED

6.00PM - 7.00PM PICKLEBALL XPRESS (FAST INTRO TO PICKLEBALL)

A fun fast-paced, coach-led introduction covering the essentials, followed by guided play.

MAX 4 PLAYERS - £15

7.00PM - 9.00PM THE FRIDAY SOCIAL

A fun, coach-led social session with organised games, light coaching, and plenty of play.

MAX 8 PLAYERS - £15